

Elder Futhark Reference

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24 runes · keywords for daily practice

𐒃	Fehu <i>Cattle / Wealth</i>	Abundance, new beginnings, mobile resources
𐒆	Uruz <i>Aurochs</i>	Strength, vitality, raw potential
𐒇	Thurisaz <i>Thorn / Giant</i>	Challenge, protection, catalytic force
𐒈	Ansuz <i>God / Mouth</i>	Communication, wisdom, inspiration
𐒊	Raidho <i>Ride / Journey</i>	Movement, right timing, the path
𐒋	Kenaz <i>Torch</i>	Knowledge, creativity, illumination
𐒌	Gebo <i>Gift</i>	Exchange, partnership, balance
𐒍	Wunjo <i>Joy</i>	Harmony, pleasure, belonging
𐒎	Hagalaz <i>Hail</i>	Disruption, necessary change, breakthrough
𐒏	Nauthiz <i>Need</i>	Constraint, resistance, inner fire
𐒐	Isa <i>Ice</i>	Stillness, focus, concentration
𐒑	Jera <i>Year / Harvest</i>	Cycles, reward of effort, natural timing

𐒒	Eihwaz <i>Yew</i>	Endurance, transition, the axis
𐒓	Perthro <i>Lot cup</i>	Mystery, chance, the unknown
𐒔	Algiz <i>Elk / Protection</i>	Defence, higher connection, sanctuary
𐒕	Sowilo <i>Sun</i>	Success, vitality, clarity
𐒖	Tiwaz <i>Tyr</i>	Justice, courage, directed will
𐒗	Berkano <i>Birch</i>	Growth, nurture, new life
𐒘	Ehwaz <i>Horse</i>	Partnership, trust, progress
𐒙	Mannaz <i>Human</i>	Self, community, the shared mind
𐒚	Laguz <i>Water</i>	Flow, intuition, the unconscious
𐒛	Ingwaz <i>Ing / Seed</i>	Potential, gestation, internal completion
𐒜	Dagaz <i>Day</i>	Awakening, breakthrough, clarity
𐒝	Othala <i>Ancestral land</i>	Home, heritage, inheritance

Meanings are starting points for reflection, not fixed rules. Use with your own experience.