

How to Cast the Runes

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A simple guide for one, three, or five runes

Before you begin

Find a quiet moment. You do not need a special cloth or elaborate ritual — only a clear question and a willingness to listen. The runes are not there to predict a fixed future. They offer a mirror for what is already moving in you.

1. Hold your question

Settle on one clear intention or question. It can be open (“What do I need to see today?”) or specific (“What is asking for my attention in this decision?”). Hold it gently in mind for a few breaths.

2. Choose how many runes

- One rune — a focused daily message or a single point of guidance.
- Three runes — a simple spread (often read as situation / action / outcome, or past / present / emerging).
- Five runes — a fuller casting that shows how several forces are speaking together.

3. Draw or cast

If you have physical runes: mix them, then draw the number you need, or gently scatter them onto a cloth and notice which land face-up and where. If you are using the free tool on carvedfate.ca, set your intention and let the site cast for you.

4. Read what appears

Look first at the rune itself — its name, its shape, the feeling it gives you. Then read the keywords and meaning. With more than one rune, notice how they speak to each other. A hard rune beside a soft one often softens the message; two strong runes may amplify a theme.

5. Close with one small intention

Ask: What is this casting inviting me to notice or practise today? Write one short sentence if it helps. You do not need to force an answer — sitting with the question is enough.

The runes reward honesty more than technique. A simple, sincere question will usually give a clearer reading than an elaborate method performed without attention.